

# Faithnews

Monthly Newsletter of Wood River First United Methodist  
and Alda United Methodist Churches May/June 2018



## SUMMERTIME!

Pastor Trudy Hanke.

### Mark Your Calendar

- 5/3 Rachel Circle
- 5/6 WR Senior Sunday/  
Hamburger Feed
- 5/7 Ruth Circle
- 5/9 Alda Finance/  
Ad Council Meetings
- 5/12 Taylor Willoughby  
Bridal Shower
- 5/15 Alda Meet & Eat
- 5/18 Audie Earnest  
Graduation Reception
- 5/19 Jan Carter Birthday Party
- 5/24 UMW Meeting
- 6/4 Circle Potluck
- 6/7 Rachel Circle
- 6/13-6/16 Annual Conference
- 6/19 Blood Mobile
- 6/28 UMW Meeting

As I write this newsletter article, it doesn't even feel like springtime, but I know these cold days will give way to: warm sunny days, beautiful flowers, growing gardens, cornfields sprouting, days at the lake and summer vacations. Children will not be in school but will be busy in all kinds of summer activities and camps. Plus, the excitement of a new waterpark in Wood River. I have seen all the campers being prepped for camping season and people looking forward to getting away from the regular routines. I am even looking forward to some vacation time. For the church, summertime brings with it many challenges: different schedules, activities and vacations. This is also a peak busy time for many businesses and farmers. So what does all this mean. Even with the change of pace, whether it is more relaxed or even busier we constantly need to be growing in faith.

My prayer is that during the summer you will find ways to stay connected to Jesus and the church. Do not let this time of year be a vacation from growing in your relationship with Jesus Christ and worshipping Christ faithfully. When you are at home let us faithfully continue to worship together and inviting others to join us. If you are out of town, find a place to worship and share with your pastor and faith community the exciting ministries taking place in other areas. If you are at the lake or other destinations, take time to worship with your family by reading the Bible and

Continued on next page...



## SummerTime Article Continued ...

sharing a devotional together. Traveling in the car, or driving a tractor, then crank up some worship music and sing to Jesus.

This is also a reminder that summer is when we have our biggest outreach expense in Wood River, Vacation Bible School. Wood River FUMC reached over 70 children last year with our Vacation Bible School and we want to continue to provide an outstanding week of helping children connect to Jesus and our faith community. There are also new opportunities for ministry in both communities just waiting to be discovered, if we open our eyes to look around and seek to be faithful in continually reaching out in our communities. We also have the added expense of lawn care, which provides an inviting place for people to come. Please continue to give generously to the mission, ministry and care of churches in Alda and Wood River. Ministry continues even when we are on vacation. Thank you for giving faithfully you are appreciated.

Prayers for a safe summer and that you encounter Jesus Christ in a deeper way.

**Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind. Matthew 22:37**

In Christ's love,  
Pastor Trudy

## Thank You

Brian & I want to thank everyone for all the prayers Karsyn & her families have all received from our church family. She and her mommy Katie have just returned home from a two month stay in New Orleans so she could receive oxygen treatments. I know everyone has been concerned with her and we all appreciate it. Thank you, Julie Hayes



## Ruth Circle

### *Susie Powell*

Ruth circle met April 2 in the fellowship hall with 5 members and one guest, Lois Keas, attending. Susie Powell opened with a prayer from the Response magazine. Marian Hensley presented the prayer calendar and our joys and concerns were lifted up by Susie. Following the business meeting, Susie gave the lesson titled “Sacred Space of Grief and Hope.” Our next meeting is May 7 at 7:30 PM.

## New Grandparents

Pastor Trudy and Jeffrey are proud to announce the arrival of their granddaughter, Ariel Mira Hanke. She was born on April 19, weighing 7 lbs 3 oz, and 19 inches long.






# Parish Nurse

Mary Bilsland

Hard to believe at times, but summer is just around the bend and so it is time to start planning and preparing for the summer season. Here are a few tips you may find helpful or remind you of to do's.

- 1) Skin Cancer affects over 1 million people yearly. People who are in the sun a lot have more skin cancer so take precautions. Protect yourself by wearing hats, clothing, sun screen and staying out of the sun especially when it is the hottest and most intense. People who are fair haired, fair skinned or have fair eyes are affected more or if you have a family member that had skin cancer. Another risk factor is if you are over 50 years of age.
- 2) Heat stroke. The body core temperature rises. Signs are confusion, short rapid breaths, you stop sweating and a rapid pulse. Call 911 immediately. This is due to dehydration thru excessive loss of water and salts thru sweating. The body is overwhelmed by the heat and cannot cool itself by sweating. You may notice nausea, dizziness, weakness, headache, paleness, muscle cramps, weakness and fainting. You need to get to a cool place and take fluids in. Remove extra clothing. Take a cool shower or bath and drink cool liquids. Water is the best. No alcohol.
- 3) Food poisoning. Picnics are a frequent occurrence and food is left in high temperatures for too long. Don't forget to take the proper precautions to keep the food cool and wash your hands. Proper food safety and handling is important.
- 4) Eye damage. The sun's UV rays damage the eyes. Wear sunglasses with proper UV protection especially on or near the water where the UV rays are greater. If the sunglasses do not have the UV protection, they cause the eyes to dilate and absorb even more of the UV rays.
- 5) Driving accidents. Car accidents are the number one killer of teens. Be sure to make the trips short enough so as not to cause driver fatigue. Do not drink alcohol and drive and do not drive after midnight.
- 6) Drowning. There are over 3,000 pool related accidents a year and over 650 boating accidents every year. For every child under 14 that dies from drowning, there are 5 more near drownings. Prevent with supervision, proper pool safety and enforcing rules around water. If your child does not know how to swim, summer swim lessons are a great thing for learning and having fun.
- 7) Dehydration. This can happen suddenly. Frequent water breaks during summer activities is a must. Young children may not request water so you need to just do it.
- 8) Bug bites. Besides being annoying and itching, they can also cause disease such as West Nile and Lyme. They can also get infected due to hands being dirty and scratching the bite or dirt getting into the irritated area. Avoid buggy situations when you can and if you need to be there, dress appropriately with long sleeves and long legged pants. Use a good repellent when exposure is apt to occur.
- 9) Fireworks injury. Each year, 10,000 people go to the Emergency Room from firework accidents. Leave the fireworks to the professionals. If you need to have some at home, use common sense and keep kids at a safe distance. Know what the firework is going to do so you are prepared. Adult supervision is a must.

Most of all, have a safe and fun summer. Remind the kids of the safety rules for riding their bikes and walking in town watching traffic when crossing the streets. We want everyone to enjoy their time.



**May the grace of the  
Lord Jesus Christ be  
with your spirit.**

**– Philippians 23**





## Donations

Thank you for your generous Donations to Della Lamb!  
We delivered a total of 87 In-Kind items to the UMW  
spring meeting in Central City.

30 bars of soap  
4 jugs of laundry soap  
5 bottles of dish soap  
4 sticks of deodorant  
8 tubes of toothpaste  
1 bottle of shampoo  
2 boxes of tissue  
33 rolls of toilet paper

## Invitation

All ladies of the church are invited to a Pot Luck  
gathering June 4th at 6:30 pm hosted by Ruth and  
Rachel Circles. Come join us for a fun, relaxing  
evening!



## Thank You

United Methodist Women would like to  
say a great big "Thanks" for our suc-  
cessful 10th Annual Salad Supper!!  
We had 31 tables this year and our  
ladies did an outstanding job decorat-  
ing and hosting! Christy and Jen di-  
rected the youth in serving drinks!  
Sonya did a great job emceeing the  
young ladies that modeled their pretty  
dresses! And all the ladies that pro-  
vided the delicious salads Thank you!  
This is a great fund raiser for our  
Church! Thanks Again to all that  
helped, hosted, provided and attend-  
ed! Next year's theme is "Unexpected  
Laughter." It should be Great!!

## Confirmation Class 2018



Pictured left to right: Jacob Morse,  
Riley Waddington, Caleb Paulk,  
Kayden Smith, Laramie Frear

**When you look for me  
with all your heart, you  
will find me.**

— Jeremiah 29:13



## Decker

## Michael Hayes

Brian & Julie Hayes are proud to introduce their 17th grandchild born on April 17, 2018 to

Colby & Taylor

Hayes. He was born at 10:00 am, weighing in at 8 lbs 1/2 oz & 20" long. He is welcomed home by his very proud big brother Brexton who is 2 yrs old. Other grandparents are Steve & Lori Glenn from Shelton.



## VBS Staff Needed

Melanie Frear is calling all persons to help with our upcoming VBS in July. So many hands are needed to help make this outreach program a success! Our theme this year is: "Shipwrecked - Rescued by Jesus". Please contact Melanie and let her know you want to help anchor kids in the truth that Jesus carries them through life's storms! 308-583-0104 or fearcnr@gmail.com

## MYF

The MYF is in need of families for Donut Duty on Sundays after worship! It's an easy thing to do and helps reinforce service to the church. Please see the sign up sheet in the fellowship hall.

## Bridal Shower Invite

All ladies are invited to a bridal shower for Taylor Willoughby at the Wood River Methodist Church on Saturday, May 12th at 10:00 am.

## Blood Mobile

The blood mobile will be June 19<sup>th</sup> sponsored by the Wood River Methodist Church but will be held at the Wood River Community Center.

The time will be 12 noon to 6 pm. The blood mobile will be the same –just a new location for the summer. It will also be at the Community

Center in August then will be back at the Church in October. The time will be the same. Looking forward to seeing you there and then.

We do appreciate your participation. What a wonderful opportunity for mission.

## UMW

UMW didn't meet in April due to the Salad Supper and Spring Retreat. In May UMW will meet on May 24th, Thurs evening, at 7:00 pm. In June, Ruth Circle with host a potluck on Mon., the 4th at 6:30 pm and UMW is on Thurs evening, June 28th at 7:00pm.

## Hamburger Feed/ Senior Sunday

The Hamburger Feed is coming up fast. These are the supplies we need to make the event a success on May 6:

Hamburger buns- 8 packages, 16 count

Potato Chips- 8 bags

Individual Cheese Slices- 100

Paper plates- 120

Cups- 120

Napkins- 120

Forks & Spoons- 120 each

Lemonade powder- 2 containers

Veggie tray and/or fruit tray

Salads- 8 large

Volunteers 10 am - 12 pm

Thanks for your support!

RSVP to Christy Burnett 308-391-1378 or

Jennifer Reeder 308-383-6577



# May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b>	<b>2</b> 9:30 Bible Study  <i>Samantha Beilby</i>	<b>3</b> 1:30 Rachel Circle 7:00 Alda Solutions Group  <i>Elnora Weinrich Dale Smidt Gary Camp</i>	<b>4</b> Pastor Trudy's Sabbath 10:00 Alda Healthy Living Meeting  <i>Elnora Weinrich Dale Smidt Gary Camp</i>	<b>5</b>
<b>6</b> 9:30 WR Worship/ Senior Sunday 11:00 Alda Worship  <i>Brandon Thompson</i>	<b>7</b> 8:30-12:00 Pastor Trudy in Office 7:30 Ruth Circle  <i>Roberta Slack Haley Redding</i>	<b>8</b>  <i>Brad &amp; Sherry Desel</i>	<b>9</b> 9:30 Bible Study 6:30 Alda Finance Committee 7:30 Alda Ad Council  <i>Dianne Thompson Marc Howe</i>	<b>10</b> 7:00 Alda Solutions Group  <i>Steve &amp; Darlene Wheeler (1969) Maylin Ammon Betty Gall Jaren Wood</i>	<b>11</b> Pastor Trudy's Sabbath 10:00 Alda Healthy Living Meeting  <i>Tony Ammon</i>	<b>12</b> 10:00 Taylor Willoughby Bridal Shower
<b>13</b> MOTHER'S DAY 9:30 WR Worship 11:00 Alda Worship	<b>14</b> Pastor Trudy Vacation	<b>15</b> 12:00 Alda Meet & Eat  <i>Macy Heise Garret Reeder</i>	<b>16</b> 9:30 Bible Study  <i>Caleb Paulk Brett &amp; Deb Baxter (1987)</i>	<b>17</b> 7:00 Alda Solutions Group  <i>Kennedy Tiarks Kiley Codner</i>	<b>18</b> 10:00 Alda Healthy Living Meeting 5:00-10:00 Audie Earnest Graduation Reception  <i>Dawn Brandt</i>	<b>19</b> 2:00-4:00 Jan Carter Birthday Party  <i>Lacey Smith Bryce Sidders</i>
<b>20</b> → WR GRADUATION 9:30 WR Worship 11:00 Alda Worship	<b>21</b> Veronica Vacation 8:30-12:00 Pastor Trudy in Office  <i>Jan Carter</i>	<b>22</b>  <i>Ron &amp; Esther Rickert (1992)</i>	<b>23</b> 9:30 Bible Study  <i>Shae Wood Tom &amp; Koanne Babel</i>	<b>24</b> 7:00 UMW Meeting 7:00 Alda Solutions Group  <i>Dale Whitefoot</i>	<b>25</b> → Pastor Trudy's Sabbath 10:00 Alda Healthy Living Meeting  <i>Lance Ellison Bailey Baxter</i>	<b>26</b>  <i>Ivan &amp; Mary Bilsend</i>
<b>27</b> 9:30 WR Worship 11:00 Alda Worship	<b>28</b> MEMORIAL DAY OFFICE CLOSED  <i>Tim Camp Julie Hayes Knox Arnett</i>	<b>29</b>  <i>Brady Summers</i>	<b>30</b> 9:30 Bible Study  <i>Greg Burnett Keith Desel</i>	<b>31</b> 7:00 Alda Solutions Group		

# June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> Pastor Trudy's Sabbath 10:00 Alda Healthy Living Meeting  <i>Bailey Codner Jayden Oster</i>	<b>2</b>
<b>3</b> 9:30 WR Worship 11:00 Alda Worship  <i>Phil Watts</i>	<b>4</b> 8:30-12:00 Pastor Trudy in Office 6:30 Ruth Circle Potluck  <i>Bob Derr Howard &amp; Sue Jackson (1961) Esther Rosacker</i>	<b>5</b>  <i>Larry Krause Rylee Codner</i>	<b>6</b> 9:30 Bible Study  <i>Brian Hayes Judy Mead Peggy Hock</i>	<b>7</b> 1:30 Rachel Circle 7:00 Alda Solutions Group	<b>8</b> Pastor Trudy's Sabbath 10:00 Alda Healthy Living Meeting  <i>Rozella Sidders Don Miller Julie Ogden</i>	<b>9</b>
<b>10</b> 9:30 WR Worship 11:00 Alda Worship  <i>Corbin Franssen</i>	<b>11</b> 8:30-12:00 Pastor Trudy in Office  <i>Brian &amp; Julie Hayes (1988) Jeremy &amp; Dawn Brandt (2005)</i>	<b>12</b>  <i>Bob &amp; Marcia Almquist (1971) Jason Barker</i>	<b>13</b> Annual Conference Wichita, KS 9:30 Bible Study	<b>14</b> 7:00 Alda Solutions Group  <i>Mike &amp; Barb Meguire (1980)</i>	<b>15</b> Pastor Trudy's Sabbath 10:00 Alda Healthy Living Meeting  <i>Brianna Sidders</i>	<b>16</b>  <i>Adam &amp; Stacy Hayes Bill &amp; Peg Heise (1990) Catherine Miller Jerry Lothrop</i>
<b>17</b> 9:30 WR Worship 11:00 Alda Worship  <i>Kayden Smith</i>	<b>18</b> 8:30-12:00 Pastor Trudy in Office  <i>Camden Thompson</i>	<b>19</b> 12:00-6:00 WR Blood Mobile, Community Center 12:00 Alda Meet & Eat  <i>Ben Sidders</i>	<b>20</b> 9:30 Bible Study  <i>Ken &amp; Jo Saner Makayla Ellison Carson Thompson</i>	<b>21</b> 7:00 Alda Solutions Group  <i>Rob McIntosh Sarah Frear Sidney Frear Alec Ogden Isaac Ogden</i>	<b>22</b> Pastor Trudy's Sabbath 10:00 Alda Healthy Living Meeting Newsletter Deadline  <i>Melanie Frear</i>	<b>23</b>  <i>Kyle Allan</i>
<b>24</b> 9:30 WR Worship 11:00 Alda Worship  <i>Julie Thompson</i>	<b>25</b> Pastor Trudy Vacation  <i>Betty Thompson Lacie Frear</i>	<b>26</b>  <i>Cara &amp; Torrey Odenbach Jack McCoun Lainey Paulk</i>	<b>27</b> 9:30 Bible Study  <i>Jodi Rauert Steve &amp; Sara Arnett (1992) Mel &amp; Rita Earnest</i>	<b>28</b> 7:00 UMW Meeting 7:00 Alda Solutions Group  <i>Payton Thompson</i>	<b>29</b>  <i>Bev Voss</i>	<b>30</b>  <i>Ron &amp; Jodi Rauert</i>



# GET FIT, STAY HEALTHY AND SUPPORT YOUR COMMUNITY

As followers of Jesus Christ we are called to train for godliness because of the eternal benefits. We also need to care for our bodies because Scripture reminds us that “our bodies are temples of the Holy Spirit... and to honor God with our bodies.” (1 Corinthians 6:19-20). Our physical health is important to our witness and having the energy to do ministry. The weather is warming up and that often makes us think of getting more physically active.

The Wood River Foundation and the Go Big Give & Get Fit committee of Wood River Vision, remind us that Wood River is blessed with a wonderful fitness center within the high school that is available for area residents to use at no cost. There's a one-time \$10 application fee to get a keyless access pass – cost is for the required background check to ensure everyone's security. They are working to provide even more opportunities for the community of Wood River to get strong and healthy. If you are interested in more information and want to support them, learn more at their OPEN HOUSE May 3, 10AM—7PM. Or visit them on Facebook at Wood River Centennial Community Foundation.



WRCCF IS PROUD TO SUPPORT  
A **FREE** FITNESS CENTER  
FOR THE COMMUNITY

LEARN MORE AT OUR  
OPEN HOUSE  
**MAY 3**  
**10AM-7PM**

**WRCOMMUNITYFOUNDATION.COM**  
**GOBIGGIVE.ORG**

**GO BIG GIVE**   
HALL  
HAMILTON  
HOWARD  
MERRICK

MAY 3RD • 24 HOURS TO CLICK & GIVE  
**FACEBOOK.COM/WRCCF**  
**TINYURL.COM/WRFITNESS**

**Wood River Centennial Community  
Foundation invites you to**

★ **GO BIG GIVE & GET FIT** ★

HELP US MEET OUR **\$10,000** GOAL TO INSTALL AEROBIC CLASS  
FLOORING AND PROVIDE STAFFING FOR WEEKEND HOURS

**THURSDAY, MAY 3RD • WR FITNESS CENTER 10AM-7PM**

**DO GOOD • WIN PRIZES • SUPPORT LOCAL**

FOLLOW US ON FACEBOOK FOR ADDITIONAL DETAILS