

MONTHLY NEWSLETTER OF
ALDA UNITED AND WOOD RIVER FIRST UNITED METHODIST CHURCHES
OCTOBER 2018

#### Ruth Circle - Susie Powell

Ruth Circle met September 10 in the fellowship hall with 4 members present. Marian Hensley presented the prayer calendar and Susie Powell lifted up our joys and concerns. The lesson was given by Susie using excerpts from Response magazine about the Assembly meeting in Columbus, Ohio in May of 2018. Susie, Renae Graham, and Mary Bilslend were fortunate enough to attend Assembly in person once again which is for United Methodist Women all across the world who gather every four years. We learned of the power of women's voices that impact the lives of women, children, and youth. Marian served as hostess for the meeting.

Our next meeting is Monday, October 1 at 7:30 in the fellowship hall. All women are invited to attend. Renae will have the lesson and Linda Thompson will be hostess.

# Wood River FUMC Financial Report

September report of financial giving.

Thank you for giving your gifts and tithes to God and the continued mission of making disciples of Jesus Christ.

Budgeted Monthly Expenses: \$11,000

Offerings this Month:

September 2: 44 attended, \$1799.00 given September 9: 59 attended, \$910.00 given

Sept 16: 57 attended, \$1232.26 given

Sept 23: 43 attended, 1264.00 given

Sept 30: Not available at time of printing

Total attended: 203
Total given: \$5205.26

### Thank You - Jan Carter

Thank you for all your prayers, cards, and food while I was in the hospital and recovering. I appreciate everything!

### **Trunk or Treat**

Our Trunk or Treat event will be Oct 28, 5:00-6:30. Please contact the church office to Sign Up for a trunk or Help serve Hot Dogs. It's an easy way to join in the fun! (Costumes are optional!) 583-2716

# Calling All Middle School/High Kids and Their Parents!

There will be an informational meeting about a Youth Fellowship Group on **Wednesday**, **October 17**, **6:30 PM**. Pastor Trudy invites you to come for free pizza and hear about this wonderful faith-building opportunity. Please RSVP by Monday, Oct 15, 583-2716



### All Saint's Day

In worship on All Saints Sunday, November 4, we will be remembering members, friends, and relatives of church members who have died August 31, 2017 - August 31, 2018. Family and friends are welcome to come forward to light a candle in memory of their loved one during the service. Contact the church office with names before October 25, 583-2716.

### Sunday School Kickoff

Our Sunday School will start on Sept 30 at 10:30. All kids ages PreK - 5th grade are welcome to join!

# Parish Nurse - Mary Bilslend

Once again it is time to get your flu shot. This shot is recommended for all people 6months of age and older according to the Center for Disease Control and Prevention (CDC). This is the best way to protect your family from the flu or influenza and the flu can be very serious especially for the young and the senior citizen.

It is recommended to receive the shot by the last of October at least but can be received later. The time is due to the fact that this is the time that the flu is usually present in the United States and this is the best way to protect your family. You can receive your shot later but it is not usually needed in the US after March. The peak is usually January and February for the flu.

Possible side effects from the flu shot often include redness, swelling, and soreness at the injection site, low grade fever and aches. Only about 1-2% develop a fever. Rare but serious side effects can occur. If noticed, seek medical treatment immediately. These may include allergic reactions such as difficulty breathing, swelling around the eyes and mouth, hives,

racing heart, dizziness and high fever.

The CDC states that the flu vaccine is safe for pregnant women and should be given due to the serious complications that can occur with the flu in a pregnant woman. Please check with your doctor.

The flu vaccine cannot cause the flu as the virus used is dead but it is possible to get the flu within 2 weeks after having gotten the shot. It takes that long to build up the immunity.

Children under 6 months and people who have had a severe allergic reaction to the flu shot in the past should usually not receive the immunization. If you have a high fever, you also should not get the vaccine at that time. It is okay to get it if you have a minor illness like a mild cold or headache.

There are different strengths of vaccine so contact your doctor for the one right for you or ask your pharmacist.

Let's do what we can to help decrease getting the flu and passing it on. Have a safe, healthy fall and winter.

## Harvest Awareness - Mary Bilslend

Harvest has started. Be sure and take the precautions to be safe while harvest is on. Stop all all intersections and give the farmers and their machinery the right of way. Allow plenty of room for the trucks and equipment to maneuver. These guys may be tired so always watch for them and make allowances.

I wish everyone a safe and good harvest.

## Rachel Circle - Bonnie Schurer

Rachel Circle met Sept 6 with 10 members and one guest, Mary Bilslend, present. Sylvia McTavish called the meeting to order. She read a portion of our parish nurse article in the newsletter. Marilyn Webster read, "Reaching the Final Stages of Maturity" by Sharon Randall. Roll call was taken by Catherine Miller. Then she read the minutes of our last meeting. Marilyn gave the treasurer's report. Prayer concerns were given, followed with a prayer by Mary Ann Apfel. Pies were solicited for the soup and pie meal on election day, Nov 6. Mary Bilslend gave a report on UMW. The meeting was adjourned. Lunch was served by Mary Ann Apfel.

## October 2018

						PLANCING TORREST
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	8:30-12:00 Pastor Trudy in Office 7:00 Cub Scouts 7:30 Ruth Circle Ken Fairbanks Miguel Rodriguez Doug & Jennifer Beilby	2 1:00 Alda Sewing Circle 7:00 WR Finance Committee	9:30 Bible Study  Jason Franssen	1:30 Rachel Circle 7:00 Alda Solutions Group  Joe Jack	Pastor Trudy's Sabbath 10:30 Alda Healthy Living Meeting  Zenon Rivera Meagan Thompson	6
9:30 WR Worship 10:30 WRSunday School 11:00 Alda Worship 1:00-4:00 Coat Drive	8:30-12:00 Pastor Trudy in Office  Koanne Babel Adam Hayes Todd & Michelle Thorp (1994)	12:00-6:00 WR Blood Mobile 1:00 Alda Sewing Circle  Charles Mead Dana Oster	10 9:30 Bible Study 7:00 WR Ad Council	11 7:00 Alda Solutions Group	Pastor Trudy's Sabbath 10:30 Alda Healthy Living Meeting  Sherry Desel Jordan Westcoatt Dennis Wacker	13 UMW District Meeting in WR  Delaney Shears
9:30 WR Worship 10:30 WRSunday School 11:00 Alda Worship	8:30-12:00 Pastor Trudy in Office 7:00 Cub Scouts	16 1:00 Alda Sewing Circle  Rod & Janel Tiarks (1986)	9:30 Bible Study 6:30 MYF/Parent Meeting  Zach Mayhew Sydney Tiarks	18 7:00 Alda Solutions Group  Dorothy Partridge	19 Pastor Trudy's Sabbath 10:30 Alda Healthy Living Meeting  Dick Webster	<b>20</b> Jim Olin
9:30 WR Worship 10:30 WRSunday School 11:00 Alda Worship Sydney McCoun Jeff & Tina Heater (1995)	8:30-12:00 Pastor Trudy in Office Steve Skeen	23 1:00 Alda Sewing Circle  Arturo Valdez	9:30 Bible Study  Adam Anderson Sydney Rohrich	7:00 Alda Solutions Group  Linda Sample Cary Voss Jim & Linda Thompson (1965) George & Sue Mead (1975)	26 Pastor Trudy's Sabbath 10:30 Alda Healthy Living Meeting Ida Quisenberry Joyce Willoughby Jean Packer	27 Brad Schellpeper
9:30 WR Worship 10:30 WRSunday School 11:00 Alda Worship 2:00 All Church Conference in Cairo 5:30-7:00 Trunk or Treat Lori Rodriguez	8:30-12:00 Pastor Trudy in Office	30 1:00 Alda Sewing Circle  Maggie Arnett	31 9:30 Bible Study  Doug Weber			